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Advice to All Parents

Dear Parents,

We have been advised by Public Health England that there have been multiple confirmed cases of COVID-19 within the school and the local area.

We know that you may find this concerning. Please be assured that we are working closely with Public Health England to continue to monitor any positive cases and trace close contacts. This letter is to inform you of the current situation and provide advice on how you can support your child.

For most people, coronavirus (COVID-19) will be a mild illness.

A small number of children have been identified as close contacts and we have written to these families to inform them that their child must stay at home for 10 full days.

For those who have not been identified as close contacts, the school remains open and your child should continue to attend as normal if they remain well.

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 full days** from the day that their symptoms first appeared. Anyone with symptoms will be eligible for a PCR test (a test which is sent to a laboratory to confirm the result) and this can be arranged via www.nhs.uk/ask-for-a-coronavirus-test or by calling 119.

All other household members who remain well must stay at home and not leave the house for 10 full days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The household isolation period includes the day the first person in your household's symptoms started (or the day their test was taken if they did not have symptoms) and the next 10 full days. This means that if, for example, your 10 day isolation period starts on the 15th of the month, your isolation period ends at 23:59 hrs on the 25th and you can return to your normal routine.

Household members should not go to work, school or public areas and exercise should be taken within the home or private garden.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Self-isolating at home for 10 days can prevent the virus from spreading to other people in the community, including those who are more vulnerable.

If you are able, try to arrange for any vulnerable individuals (such as the elderly and those with underlying health conditions) to move out of your home, staying with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from www.NHS.uk.

If you are concerned about your child's symptoms, or if they are worsening, you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to prevent COVID-19 from spreading

There are some simple things you can do to reduce the risk of you and anyone you live with getting ill with COVID-19.

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



Mrs L Hackfath
Headteacher